The editorial process is based on submission of originals to reviewers, which are assessed by blinded pairs, with the aim to improve the final manuscript. At the end of the process, when published, the manuscript has gained consistency and the take home message is better. This is important because authors look for maximal visibility.

Interpretation of findings, weaknesses and strengths are part of the discussion section of a manuscript. However, most manuscripts may have a different perspective, with implications on future practice and research. Therefore, an expert comment by an opinion leader is often giving a different perspective. Indeed, we learned a lot looking at different interpretations of our own articles in scientific meetings or in accompanying comments.

This book is a compilation of comments done by expert opinion leaders of articles recently published in critical care. It covers a broad spectrum of topics, with special emphasis on mechanical ventilation, sepsis and sedation. It provides an update of first line research on their respective topics.

It provides also valuable information for the practitioner, who has limited time to review the vast scientific production and to non specialist that need to focus a specific article in a perspective. Moreover, fellows have a great opportunity to learn to read between lines if they compare original articles with expert reviews by opinion leaders.

Hippocrates mentioned that “it is more important to know what sort of a person has a disease than what sort of disease a person has”. This book responds to this statement and proves that personalized medicine is the great challenge that we have now in critical care.

Jordi Rello, MD, PhD
CIBERES, Vall d’Hebron Institut of Research,
Universitat Autonoma de Barcelona, Spain