

Surgery is a subject synthesizing science, technology and art, where surgeons are required to be science thinking, skillful and precise in operating, and beyond that, with exquisite craftsmanship like a sculptor sculpting a delicate art. A good surgery is a result of brain co-working with hands in the most perfect way after countless practice with instruction and encouragement given by more experienced and senior surgeons.

The current book *Notes on Laparoscopic Gastrointestinal Surgery* is an output of more than 40 talented and young surgeons, mostly from China, Japan, and Republic of Korea and some other countries, focusing in laparoscopic surgery as editors and authors sharing their experiences, skills and creativities.

I would like to congratulate the Editors and authors for making this book come true. The book series itself and the contributors of the books can be a model for all gastrointestinal surgery colleagues. As the second edition with language of English, it is a big step moving forward from the previous edition considering readers internationally be benefit. It is also encouraged to update the work once several years to stay up-to-date.

My suggestions to young surgeons as it is asked would be as followed.

First, treasure your time and be even more hardworking. For medical career, a whole lifetime is even not enough. Lifetime achievements of medical achievement depends on one's talent and hardworking. Talent is one's capability of understanding and practicing the medical concept while being hardworking maximizes the results. After all, there is no end to the career.

Second, solid basic knowledge is essential before digging deep into one specific field. I as always, strongly recommend the rotation system for young doctors newly graduates. Human body is not separated but closely related and a certain disease might be a signal given by the whole-body system. The solid basic knowledge would give a higher level of perspective to surgeons to avoid from parochialing oneself. Thus for young doctors before taking a specialty, take your time to store solid basic theory and knowledge as well as the skill practice.

Third, be critical thinking and explorative. It is a challenge for us to be explorative since it is precision and accuracy that is strictly and firstly required during our daily practice and only after the above two requirements are fulfilled, shall we begin the journey of exploration, accompanying progress and creation.

Last but not least, scientific research ethics shall be followed. Considerable development and progress has been made in the field of medicine. At the same time a side effect of the blossoming is the rising of fickle utilitarianism heading to harm. It is urgently expected that young doctors and researchers shall shape their correct scientific ethics.

I am very glad to share my ideas towards to the book *Notes on Laparoscopic Gastrointestinal Surgery* and my suggestions to the younger generations. I am sincerely hoping the young generation doctors would treasure your time, work hard to get knowledge and skills, think deep and explore more to become good surgeons, excellent doctors, outstanding scientists.

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